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SALT DOUGH ORNAMENTS

MATERIALS

Mixing bowl & spoon Parchment paper Cookie cutters Rolling pin Straw or toothpick (to poke hole for hanging) Baking sheet Acrylic paint & brushes (optional, for decorating) Polyurethane spray or Mod-Podge (optional, for preservation) Ribbon or twine (for hanging)

SALT DOUGH RECIPE 4 cups all-purpose flour 1 cup salt 1 1/2 cups warm water

Tip for making hand or foot prints: Roll out a piece of dough & take the print first, then cut around it using a glass or cookie cutter. Much easier than trying to center a wiggly appendage on a small, pre-cut piece.

Step 1: Mix the Dough

Stir flour and salt until combined. Slowly sir in the warm water. When the dough stiffens too much for stirring, use your hands to keep mixing & kneading until the dough is smooth and pliable.

Step 2: Roll Out & Cut Ornaments

Place a chunk of dough between two sheets of parchment paper. Roll it out 1/8" thick. Remove the top sheet of parchment and cut the dough with cookie cutters without removing the pieces. When finished, peel away the excess dough, leaving behind the shapes on the parchment. Use the straw or toothpick to poke a hole in the top of each ornament for a hanger.

Step 3: Bake**

Transfer the whole sheet of parchment onto a baking sheet. Bake the ornaments in a 300°F oven for about an hour. They are done when they feel hard. Let the ornaments cool completely before proceeding to the next step.

Step 4: Paint and Decorate

Leave them plain & rustic or go to town with color!

Step 5: Seal and Hang

Once paint is dry, you can apply an optional coat of polyurethane spray or Mod Podge to help protect the surface. Add a loop of ribbon or twine and hang.

**Rogue tip: When my kids had no patience for baking, I may have microwaved individual ornaments on a microwave-safe plate for 30-second intervals . Dries them in minutes!

Recipe from Wholefully.com

